



TO GO

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Healthy Options

*Available until 2:30pm, Monday to Friday*

## POWER SNACKS

Ned's Famous Power Cookie  
*organic dark chocolate, BC blueberries*  
\$4

Vegan Fruit & Nut Bar  
*dates, ginger, mixed nuts & seeds*  
\$4

Peanut Butter Balls  
*maple syrup, rolled oats, coconut, peanuts,  
chocolate chips, protein powder*  
\$4

## SMOOTHIES

\$7

*add protein powder to any smoothie, complimentary*

Chocolate Banana Peanut Butter  
*dates, hemp protein, almond milk*

Berries  
*blueberry, raspberry, strawberry, blackberry, banana, hemp protein, almond  
milk*

Greens  
*kale, cucumber, pineapple, coconut water, hemp protein*

## SALADS

*Available from 11:30am to 2:30pm*

Steelhead & Kale Salad  
*organic kale, quinoa, cherries, toasted pistachios,  
fromage frais, vanilla vinaigrette*  
\$13

The 'Vancouver Club' Chicken Salad  
*bibb lettuce, avocado, Gelderman Farms bacon & eggs, croutons,  
crispy parmesan, black pepper vinaigrette*  
\$13

## SANDWICHES

*Available from 11:30am to 2:30pm*  
*Gluten free bread available upon request*

Chicken  
*ciabatta, aioli, lettuce, avocado*  
\$11

Japanese-Style Noodle Bowl  
*buckwheat soba noodles, crispy tofu, Napa cabbage, cucumber, soft egg,  
fermented chili jam, toasted sesame seeds, cashews*  
\$13

## JUICE

Orange or Grapefruit  
*fresh squeezed*  
\$6 14 oz.

Juice Truck Juices  
*beet, turmeric, greens, or nut & seed*  
\$5 8 oz.

## COFFEE

Fresh Brewed  
*complimentary Monday to Friday, 6:00 a.m. to 10 a.m.*

Cappuccino, Latte, Americano, Espresso  
*single origin JJ Bean espresso, roasted for the Club*  
\$5



*We emphasize sustainable cuisine with an ethos of globally inspired and locally created.*  
*-Executive Director of Culinary, Ned Bell*

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\*Please inform your server of any food allergies or dietary restrictions prior to ordering. Gluten free available.

January 20, 2020